

### Fonteyn saunas

Now you can have your very own personal sauna for weight loss, thermal therapy, skin cleansing, and more. Passion Saunas are designed and hand-crafted for home use, and include all the features you'd expect to find in health clubs and resorts. Passion Saunas are easily installed and have the same basic electrical power requirements as a conventional clothes dryer. Add a sauna to your patio, your recreation room, upper level, or even your garage.

Your sauna experience can be your well-deserved respite from the stress of life. Whether you relax with family and friends or enjoy your solitude, sauna bathing provides mental and physical rejuvenation and an overall feeling of well being. Choose from six different models, from our two person Silo to the roomy Modern sauna. Or select an infrared sauna with infrared heat for a lower temperature, more focused approach to muscle therapy.

Passion infrared saunas bring the many benefits of infrared therapy into the comfort of your home. Once reserved for health clubs and wellness centers, infrared saunas are becoming the new 'must have' for the health conscious, forward thinking people who value their holistic well-being. Sauna bathing feels good and is good for you.

## Fonteyn Saunas. Look good. Feel great.

EXPLORE THE MANY HEALTH BENEFITS OF SAUNA BATHING

#### RELAX AND RENEW YOU

Elevated cardiovascular activity, together with perspiration, is nature's way of cleansing the human body. You'll relax as the sauna's deep, penetrating heat soothes your aching muscles and releases built-up stress. Your skin is refreshed, your mind rejuvenated, your well-being enhanced. Fonteyn saunas offer you these therapeutic benefits, plus many others, in the comfort of your home for only pennies a day. No longer limited to health clubs and resorts,

A Fonteyn sauna provide cleansing, holistic, physical and mental therapy. Plus, they're easy to use, inexpensive to own, and an enjoyable way to achieve greater health and a rebirth of spirit.

#### YOU DESERVE IT

First and foremost, your sauna experience is simply a much needed, and well deserved, respite from the stress of life. Whether you choose to relax with family and friends or enjoy your solitude, your sauna provides mental and physical rejuvenation and an overall feeling of well being.

#### CARDIOVASCULAR IMPROVEMENT

Your body responds to the sauna's dry heat by increasing blood circulation and perspiration, the same natural cooling mechanism used in exercise.

#### A HEALTHY GLOW

Sauna bathing helps improve your skin tone by stimulating your epidermis, opening pores and increasing circulation near the skin surface. You gain that youthful, just-returned-from-vacation look.

#### TAKE OFF THE WEIGHT AND KEEP IT OFF

Studies show that a person can burn 300 - 400 calories during a 20 to 30 minute sauna bath. That's the equivalent of an aerobic exercise, such as jogging or rowing, for the same period. Plus, a sauna helps you maintain your weight loss.

#### **ELIMINATE HARMFUL TOXINS**

Your sweat glands can eliminate a surprising amount of harmful toxins, including lead, mercury, zinc, nickel, and cadmium, flowing through your bloodstream.

#### INCREASE YOUR RESISTANCE TO DISEASE

By increasing your circulation and oxygen flow - together with improving your overall level of wellness - the dry heat helps your body strengthen its immune system required to fight colds, and infection.

#### POST-EXERCISE RELAXATION

Sauna bathing assures higher circulation and more oxygen delivered to aching muscles, helping loosen up tight muscles for greater relaxation and faster recuperation.

#### RELIEF OF ARTHRITIC PAIN

Doctors prefer a dry, warm climate for patients suffering from arthritic or stiff, painful joints. No need to move; your sauna brings the climate to you!

#### RESTFUL SLEEP

The soothing effects of sauna bathing, followed by a cold shower, help promote A deep, restful sleep.



# Full Spectrum Saunas



### LEVI I

- I Person
- Size:  $100 \times 90 \times 200$  cm
- 4 Full Spectrum Infrared Heaters 220V, 1600W



#### LEVI 2

- 2 Persons
- Size:  $120 \times 100 \times 200$  cm
- 5 Full Spectrum Infrared Heaters
- 220V, 2000W



#### LEVI 3

- 3 Persons Size: 150 × 120 × 200 cm 6 Full Spectrum Infrared Heaters 220V, 2400W





- Size: 180 x 120 x 200 cm
- 7 Full Spectrum Infrared Heaters
- 220V, 2800VV

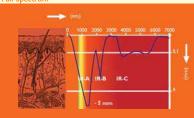




- Size: 150 × 65 × 125 × 200 cm
- 8 Full Spectrum Infrared Heaters 220V, 3200W



#### Full Spectrum



IR-A is Short Wave
IR-B is Middle Wave
IR-B is Middle Wave
IR-C is Long Wave
Full Spectrum is IR-A + IR-B + IR-C

#### FEATURES:

- Digital Display
- Radio CD Player
- Ionisator
- Full Glazed Safety Door
- 3 LED Color Lights Color Therapy 1 Reading Light Ergonomic Backrest





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